



Inside Everything

1 Timothy 4:1-6, 9-10

1/22 @ 10am, LIVE! On-Site & Online
Connect at www.NeedhamUCC.org

The Congregational Church of Needham, *United Church of Christ*

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Rev. John Gage, *senior minister*

Rev. Maddie Foster, *minister for Christian education & youth*

Valerie Becker, *director of music*

Church Office

Cindy Sullivan, *financial administrator*

Judith Stewart, *moderator*

Pastor-Parish Relations Committee

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January 22, 2023

PRELUDE

Voluntary I by J. Alcock
Valerie Becker, *organ*

WELCOME

CALL TO WORSHIP

from Sacred Earth, Sacred Soul by J. P. Newell (2021)

One: Awake, O my soul, to the compassion of the divine deep
within you, as within all things.

**Many: Awake to its sacred flow of feeling and its strong
currents for change.**

One: Be true to it in yourself.

Many: Set it free in others.

One: Awake, O my soul, to the compassion of the divine deep
within you, as within all things.

Many: Awake, O my soul. Awake.

*All: Let us worship God together in spirit and in truth, in
word and in deed.*

HYMN

All Creatures of Our God, Now Sing (see below)

ESPECIALLY FOR CHILDREN

Rev. Maddie Foster

READING FROM SCRIPTURE

from the Letters of the Early Church, 1 Timothy 4:1-6, 9-10

SERMON

“Inside Everything” Rev. John MacIver Gage

HYMN

Lord of All Hopefulness (see below)

SHARING OUR PRAYERS (“O God, hear our prayer”)

THE LORD’S PRAYER

(using these or whichever words are closest to your own heart)

Our Father/Mother in heaven, holy is your name. Your reign come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. For yours is the kin-dom and the power and the glory forever. Amen.

ANTHEM

We Walk by Faith by Karen Marroli

Chancel Choir

*We walk by faith and not by sight; no gracious words we hear
from God who spoke as none e'er spoke, but we believe God near.
We may not touch his hands and side, nor follow where he trod;
But in God's presence we rejoice and cry, "my Lord and God."
Help then, O Lord, our unbelief; and may our faith abound
to call on you and seek where you are found.
That, when our life, of faith is done, in realms of clearer light,
may we behold you as you are, with full and endless sight.*

PARTNERING IN THE GOOD NEWS

SINGING OUR THANKS & PRAISE

Praise God from whom all blessings flow!

Praise God, all creatures here below!

Praise God above, you heavenly hosts—

Creator, Christ, and Holy Ghost!

BLESSING

NOTE FROM THE OFFICE: While we work to fill the vacant church office manager position, our longtime financial administrator, Cindy Sullivan will assist us by picking up some extra hours. The office will be open reduced hours in the interim: Mondays, Wednesdays, and Fridays @ 8am-2pm and Thursdays @ 8am-12noon. *As always, it's best to email or call ahead if you need to come by.*

WARRANT FOR THE ANNUAL MEETING OF THE CONGREGATION

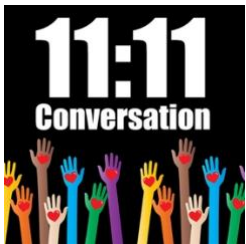
to be held after worship on Sunday, January 29, 2023

Article I: To receive and act upon the reports of the standing committees, special committees, and officers of the church.

Article II: To elect Officers and Committees for the Church year 2023.

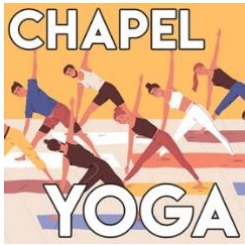
Article III: To amend the Bylaws with regard to regional UCC affiliation, number of Deacons, a temporary Moderator, and the audit or review of the church's operating account.

Article IV: To adopt a budget for fiscal year 2023.



Hear ye! Hear yea!

Offical Hearing TODAY after worship (on-site & online) to review the proposed business for our annual meeting next Sunday, 1/29, including proposed by-law changes and the proposed church budget for 2023.



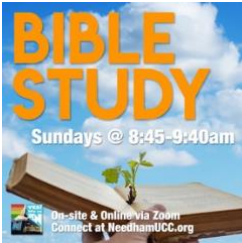
Chapel Yoga THURS @ 9am through 2/23

One of the best things any of us can do for our physical, mental, and spiritual health is find ways to reaffirm the living connection between our body, mind, and soul. And yoga is a great way to do that. Our own **Carol Oberle, a trained yoga instructor**, will help us kick off the new year leading a **50m yoga class for 8 weeks on Thursdays @ 9am in the chapel**. This beautiful space we now share with the Charles River Ballet is perfect for yoga with the gorgeous winter light pouring in. **This class is free to church members and their guests.** *Participants will need bring a yoga mat and be prepared to leave your shoes and water bottles in the hallway before entering*



Mindful Meditation ONLINE Sundays @ 7pm LIVE! via Zoom at <http://zoom.us/j/907548568>

What is mindful meditation? *It's a type of meditation in which you focus on being intensely aware of what you're sensing and feeling in the moment, without interpretation or judgment. Practicing mindfulness involves breathing methods, guided imagery, and other practices to relax the body and mind and help reduce stress.* Who couldn't use more of that? Join longtime practitioner Sue Findlay and others Sunday evenings online via Zoom.



Sundays @ 8:45-9:40am beginning 2/5
On-site in the Reception Room at church & online
via Zoom @ <http://zoom.us/j/907548568>

Our current Year W project, listening for the voices of women, girls, and the divine feminine in the scriptures is the perfect opportunity/excuse to do some Bible study together. Join us to reflect together on each Sunday's Bible passages for preaching, listening for what tradition, scholarship, and the insight of the Spirit has to say to us today.

All Creatures of Our God, Now Sing

All creatures of our God, now sing; lift up your voices,
let them ring, Alleluia, Alleluia!

O burning sun with golden beam, O silver moon with softer gleam:
O sing praises, O sing praises, Alleluia! Alleluia! Alleluia!

O rushing wind with voice so strong,
O clouds that sail in heaven along, sing your praises, Alleluia!
O rising morn, in praise rejoice, O lights of ev'ning, find a voice,
O sing praises, O sing praises, Alleluia! Alleluia! Alleluia!

O flowing water, pure and clear,
make music for your God to hear, Alleluia, Alleluia!
O fire so masterful and bright, that gives to all both warmth and light,
O sing praises, O sing praises, Alleluia! Alleluia! Alleluia!

Let all things their creator bless,
and worship God in humbleness, Alleluia, Alleluia!
O praise the One who gives us birth, redeeming, giving life its worth,
O sing praises, O sing praises, Alleluia! Alleluia! Alleluia!

Text: St. Francis of Assisi (1225); para. W.H. Draper, alt.
Tune: LASST UNS EFREUEN (1623)

Lord of All Hopefulness

Lord of all hopefulness, Lord of all joy,
whose trust ever-childlike, no cares could destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labors, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Text: Jan Struther (1931); Tune: SLANE (Trad. Irish)